


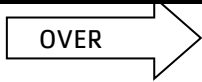
**The Meese Family
Aquatic Center**



AQUATICS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM – 7:15 AM Open Swim Lap Swim (3 Lanes)	5:00 AM – 7:30 AM Open Swim Lap Swim (3 Lanes)	5:00 AM – 7:15 AM Open Swim Lap Swim (3 Lanes)	5:00 AM – 7:30 AM Open Swim Lap Swim (3 Lanes)	5:00 AM – 7:15 AM Open Swim Lap (Swim3 Lanes)	8:00 AM – 6:00 PM Open Swim Lap Swim (2 Lanes)	10:00 AM – 6:00 PM Open Swim Lap Swim (2 Lanes)
7:15 AM—8:15 AM Lap Swim (2 Lanes) NO Open Swim	7:30 AM—8:00 AM Lap Swim (2 Lanes) NO Open Swim	7:15 AM—8:15 AM Lap Swim (2 Lanes) NO Open Swim	7:30 AM—8:00 AM Lap Swim (2 Lanes) NO Open Swim	7:15 AM—8:15 AM Lap Swim (2 Lanes) NO Open Swim	Summer Master Pool Schedule **This schedule is effective June 11—August 20, 2018**  Swim lesson schedules with class descriptions, aquatic fitness classes with schedule and descriptions and the master pool schedule are all available at our website www.ashlandymca.org <div style="border: 2px solid blue; border-radius: 50%; padding: 10px; background-color: blue; color: white; text-align: center;"> PLEASE NOTE: ALL SCHEDULES ARE SUBJECT TO CHANGE FOR SPECIAL EVENTS. </div>	
8:15 AM - 10:15 AM FITNESS CLASS ONLY	8:00 AM - 10:15 AM FITNESS CLASS ONLY	8:15 AM - 10:15 AM FITNESS CLASS ONLY	8:00 AM - 10:15 AM FITNESS CLASS ONLY	8:15 AM - 10:15 AM FITNESS CLASS ONLY		
10:30 AM – 12:00 PM Lessons NO Open Swim	10:30 AM – 12:00 PM Lessons NO Open Swim	10:30 AM – 12:00 PM Lessons NO Open Swim	10:30 AM – 12:00 PM Lessons NO Open Swim	10:15 AM – 11:45 AM Lap Swim (2 Lanes) NO Open Swim		
11:45 AM—1:00 PM NO Open Swim Lap Swim (2 lanes at 12p)	11:45 AM—1:00 PM NO Open Swim Lap Swim (2 lanes at 12p)	11:45 AM—1:00 PM NO Open Swim Lap Swim (2 lanes at 12p)	11:45 AM—1:00 PM NO Open Swim Lap Swim (2 lanes at 12p)	11:45 AM—1:00 PM NO Open Swim Lap Swim (2 lanes at 12p)		
NOTE THE NUMBER OF LAP LANES AVAILABLE FROM 1:00 PM TO 4:00 PM WILL VARY FROM NONE TO ONE DEPENDING ON THE SIZE OF THE CAMP IN THE POOL. SEE CAMP DATES ON OTHER SIDE. LAP SWIMMING IS NOT GUARANTEED AT THESE TIMES.						
1:00 PM – 4:00 PM Open Swim, Camps *Lap Swim*	1:00 PM – 4:00 PM Open Swim, Camps *Lap Swim*	1:00 PM – 4:00 PM Open Swim, Camps *Lap Swim*	1:00 PM – 4:00 PM Open Swim, Camps *Lap Swim*	1:00 PM – 4:00 PM Open Swim, Camps *Lap Swim*		
4:15 PM – 5:15 PM Open Swim, Lessons	4:15 PM – 5:15 PM Open Swim, Lessons	4:15 PM – 5:15 PM Open Swim, Lessons	4:15 PM – 5:15 PM Open Swim, Lessons	4:00 PM – 5:00 PM Open Swim Lap Swim (3 Lanes)		
5:15 PM – 7:00 PM Open Swim Lap Swim (2 Lanes)	5:15 PM – 6:00 PM Open Swim Lap Swim (2 Lanes)	5:15 PM – 7:00 PM Open Swim, Lap Swim (2 Lanes)	5:15 PM – 6:00 PM Open Swim Lap Swim (2 Lanes)	5:15 PM – 7:00 PM Open Swim Lap Swim (2 Lanes)		
7:00 PM – 9:00 PM Open Swim Lap Swim (3 Lanes)	6:00 PM – 9:00 PM Open Swim Lap Swim (3 Lanes)	7:00 PM – 9:00 PM Open Swim Lap Swim (3 Lanes)	6:00 PM – 9:00 PM Open Swim Lap Swim (3 Lanes)	7:00 PM – 9:00 PM Open Swim Lap Swim (3 Lanes)		

Children under 13 must be accompanied by an adult or enrolled in a supervised program while at the YMCA.



Revised 6/4/18



SUMMER LAP SWIMMING SCHEDULE 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM - 7:15 AM (3 lanes)	5:00 AM - 7:30 AM (3 lanes)	5:00 AM - 7:15 AM (3 lanes)	5:00 AM - 7:30 AM (3 lanes)	5:00 AM - 7:15 AM (3 lanes)	8:00 AM - 6:00 PM (2 lanes)	10:00 AM - 6:00 PM (2 lanes)
7:15 AM - 8:15 AM (2 lanes)	7:30 AM - 8:00 AM (2 lanes)	7:15 AM - 8:15 AM (2 lanes)	7:30 AM - 8:00 AM (2 lanes)	7:15 AM - 8:15 AM (2 lanes)	<p>*NOTE* - The number of lap lanes available from 1:00pm to 4:00pm will vary from NONE to one depending on the size of the camp in the pool. Lap swimming is not guaranteed at these times these weeks:</p> <p>SWIM CAMP SCHEDULES:</p> <p>June 18 - 22, 1:00-4:00p July 16 - 20, 1:00-4:00p Aug. 6 - 10, 1:00-4:00p Aug. 20 - 24, 1:00-4:00p</p> <p>Lap swim resumes at 5:15pm.</p>	
8:15-12:00	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM		
12:00 PM—1:00 PM (2 lanes)	12:00 PM—1:00 PM (2 lanes)	12:00 PM—1:00 PM (2 lanes)	12:00 PM—1:00 PM (2 lanes)	10:15 AM—1:00 PM (2 lanes)		
1:00 PM—4:00 PM *NOTE*	*1:00 PM—4:00 PM* *NOTE*	*1:00 PM—4:00 PM* *NOTE*	*1:00 PM—4:00 PM* *NOTE*	*1:00 PM—4:00 PM* *NOTE*		
4:15—5:15	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM			
5:15 PM - 6:00 PM (2 lanes)	5:15 PM - 6:00 PM (2 Lanes)	5:15 PM - 7:00 PM (2 lanes)	5:15 PM - 6:00 PM (2 lanes)	4:00 PM - 7:00 PM (2 lanes)		
6:00—9:00 PM (3 lanes)	6:00—9:00 PM (3 lanes)	7:00 PM - 9:00 PM (3 lanes)	6:00—9:00 PM (3 lanes)	7:00 PM - 9:00 PM (3 lanes)		

← OVER

PLEASE NOTE:
ALL SCHEDULES ARE SUBJECT TO CHANGE FOR SPECIAL EVENTS.

This schedule is effective
June 11 - August 20, 2018

Ashland Family YMCA
540 YMCA Way
Ashland, OR 97520
541-482-9622

Our pool schedule with open swim and lap swim times is also available online at www.ashlandymca.org