



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



FACING THE CHALLENGE OF AGING IN TODAY'S WORLD

Join us for a facilitated discussion with Dr. Stewart McCollom (a volunteer counselor for the past 25 years) that explores some of the characteristics and challenges of aging.

There is a brief reading assignment (which will be emailed) and a written response due by March 1st.

THURSDAY, MARCH 7 2:00-4:00p

@ THE ASHLAND FAMILY YMCA

FREE & OPEN TO THE COMMUNITY

space is limited-registration is required