

Ashland Family YMCA

Title: Parkour Instructor
Supervisor: Gymnastics Director

General Function: Teach parkour skills in a safe and fun manner.

Qualifications:

- Over 18 years of age must pass a security clearance
- Previous experience in gymnastics, tumbling, acrobatics, parkour, or free running. Experience working with children or teaching gymnastics, etc.
- Warm, friendly, & enthusiastic personality
- Sensitive, mature, and able to relate well to participants, parents, and co-workers
- Current CPR certification

Job Segments:

- Become knowledgeable about parkour and free running maneuvers, proper spotting techniques, and teaching methods
- Maintain class control and inform students of safety and gym rules
- Evaluate student progress at regular intervals
- Teach classes based on YMCA sports philosophy and in accordance with the core values of caring, honesty, responsibility and respect
- Learn children's names and take role daily
- Dress professionally: staff shirt, athletic or stretch clothing, minimal jewelry, no chewing gum
- Participate in and demonstrate warm-ups, stretching, and skills
- Help with keeping the gymnastics area clean - pick up garbage, put away equipment, keep fire exit and walk ways clear, keep doors closed
- Attend all staff meetings and trainings
- Maintain a professional attitude
- Follow and enforce all YMCA policies, goals, and philosophies
- Create and maintain a positive image at all points of contact with the public
- Perform other duties as assigned

We understand and mutually agree that the above description represents our agreement as to the job to be performed.

Signature of employee _____ Date _____