

Ashland Family YMCA
Job Description

Job Title: Fitness Center Attendant
Supervisor: Fitness Center Supervisor
Date Revised: February 2022

General Function: To oversee all fitness center activities, assisting members with cardiovascular and strength training equipment and techniques. Ensure the safety of all fitness center patrons through regular space and equipment inspections. Enforce all fitness center rules. Regularly clean and disinfect commonly touched surfaces to maintain a clean facility.

Qualifications:

- General knowledge of a variety of fitness equipment and safe fitness techniques.
- Current CPR

Essential Functions of Job:

- Ability to establish and maintain harmonious relationships with both members and staff and give directions in an authoritative, yet tactful manner.
- Visual and auditory ability to respond to incidents and the physical ability to act swiftly in an emergency situation.
- Ability to adequately observe participant's activities, enforce safety regulations, and apply appropriate techniques.

Job Segments:

- Assist members in the fitness center in proper equipment usage.
- Assist in equipment maintenance and room appearance and cleanliness.
- Follow YMCA policies and procedures.
- Find own substitute for shifts and have substitutes approved by supervisor.
- Attend all required meetings.
- Membership retention duties including, but not limited to knowing names of members, assisting members in programs, being enthusiastic and encouraging.
- Other duties as assigned by YMCA Directors

I accept the responsibility of this job and recognize my obligation, as part of the YMCA team, to support youth, adult and family development of spirit, mind, and body.

Signature

Date

The statements of this job description are intended to describe the general nature and level of work being performed by people hired for this job title. They are not intended to be construed as an exhaustive list of all responsibilities, duties, and skills required of this position.