

## Ashland Family YMCA

Title:           Gymnastics Instructor  
Supervisor:   Gymnastics Director  
Date revised: 04-2021

General Function: Teach gymnastics skills in a safe and fun manner.

### Qualifications:

- Previous experience as gymnast and working with children, or teaching gymnastics
- Warm, friendly, & enthusiastic personality
- Sensitive, mature, and able to relate well to participants, parents, and co-workers
- Current CPR certification
- Over 18 must successfully pass a background check

### Job Segments:

- Attend all staff meetings and trainings
- Become knowledgeable about USAG progressions, technical information, proper spotting techniques, and teaching methods
- Maintain class control and inform students of safety and gym rules
- Evaluate student progress at regular intervals
- Teach classes based on YMCA sports philosophy
- Learn children's names and take role daily
- Dress professionally: staff shirt, athletic or stretch clothing, minimal jewelry, no chewing gum
- Participate in and demonstrate warm-ups, stretching, and skills
- Help with keeping the gymnastics area clean - pick up garbage, put away equipment, keep fire exit and walk ways clear, keep doors closed
- Maintain a professional attitude
- Follow and enforce all YMCA policies, goals, and philosophies
- Create and maintain a positive image at all points of contact with the public
- Perform other duties as assigned

The statements of this job description are intended to describe the general nature and level of work being performed by people hired for this job title. They are not intended to be construed as an exhaustive list of all responsibilities, duties, and skills required of this position.

Signature: \_\_\_\_\_ Date \_\_\_\_\_