



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FULL COURT BASKETBALL

## MONDAYS

6p-7:45p  
ages 14 – 18

## WEDNESDAYS

6p-7:45p  
ages 18 & older



### BASKETBALL DROP-IN GUIDELINES:

- Members Only.
- Must be of age regarding the scheduled day/time., games are co-ed.
- Shirts must be worn at all times and players must be wearing closed-toed shoes.
- There is no dunking or grabbing rims on our YMCA hoops. This is to prevent any damage to equipment and/or potential injury.
- See posted rules for game play.