

WELCOME TO YMCA CAMP DEBOER

Parent & Camper Handbook
2025 OVERNIGHT & MINI CAMP

WELCOME and thank you for choosing YMCA Camp DeBoer!

We are so excited to welcome your camper(s) this summer and help them experience the fun, community and adventure of camp. Our community is a place where campers can grow and thrive by truly being themselves. Your camper will make new friends, try new activities, and learn new skills while immersed in the natural beauty of the Lake of the Woods area.

It is the goal of YMCA Camp DeBoer to provide life-changing outdoor experiences by creating magical moments and opportunities for growth in a welcoming community for all, especially youth. We do this through living our core values, focusing on safety, being intentional in our programming, seeking to inspire others, creating a warm and welcoming environment and choosing a positive attitude.

Your camper will be guided through this experience by our talented team of cabin counselors and staff who come from a wide variety of backgrounds and experiences and take pride in helping kids explore, learn and grow.

As you prepare for your camper's summer adventure, please read through this handbook for important information, including specifics about camper drop-off and pick-up, communication with staff, and more.

If you have a question you don't see answered here, feel free to call our Program Director at 541-622-2455. Thank you for trusting us with your child's summer enrichment. We are honored you have chosen YMCA Camp DeBoer and are excited to see your camper(s) this summer!

In the spirit of camp,

Summer Brandon – YMCA Camp DeBoer Program Director

Will Robinson – Ashland Family YMCA Senior Operations Director

Heidi Hill – Ashland Family YMCA CEO



YMCA CAMP DEBOER CAMP GUIDE

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THE ASHLAND FAMILY YMCA'S MISSION STATEMENT

The mission of the Ashland Family YMCA is to work toward the fulfillment of human potential and the enrichment of the quality of life for those we serve.

YMCA & YMCA Camp DeBoer CORE VALUES

The Ashland Family YMCA has identified the values of **caring, honesty, respect, and responsibility** as essential in a child's character development. YMCA Camp DeBoer programs incorporate these values into the overall camp experience.

Our approach toward values formation is designed to reinforce the lessons that families strive to teach their children every day. Through staff and camper role modeling and living together at camp, we provide campers with the opportunity to depart from YMCA Camp DeBoer with a better understanding and recognition of these character traits in themselves and in others:

- Caring: Considering the needs and feelings of others
- Honesty: Being trustworthy and truthful
- Respect: Following the golden rule by treating yourself and others with dignity
- **Responsibility**: Accepting accountability for your actions and role in the community

As we live and explore together at camp, in order to create a community of safety and belonging we also focus on these foundational character traits:

- Courage: Ability to continue in the face of difficulty or unknown.
- Optimism: Choosing to focus on positives and remain open to opportunities
- Growth: Ability to learn new things and improve over time

IS MY CHILD READY FOR OVERNIGHT CAMP?

In order to ensure your camper is ready for an overnight experience, you should be able to answer "yes" to these questions:

- 1. Does my child consistently identify when they need to use the restroom?
- 2. Has my child successfully spent at least one night away from home?
- 3. Is my child willing to eat a variety of food?
- 4. Can my child take a shower by themselves?
- 5. Does my child effectively manage their own behavior around other children?

If the answer to any of these questions is "no," please contact Camp Director, Summer Brandon to discuss your child's experience. *See last page for contact information.*

FOR FIRST TIME CAMPERS

Congratulations on choosing an experience that can be both exciting and maybe a little daunting. Fear not, we're here to help with some pro tips to help both families and campers prepare for a great adventure.

Helping campers prepare ahead of time can help them more easily cope with being away from home and enjoy their week at camp. It is very normal for symptoms of homesickness to occur over the first few days of camp – often during rest period and/or lights out. Most often with the support of their counselors, new friends and fun activities, the homesickness dissipates. If your camper is experiencing homesickness beyond the 2–3 day adjustment period of camp, a member of our leadership staff will contact you, and together you will be part of a plan to help your camper have an emotionally safe and rewarding camp experience.

We are preparing our staff to support your child through challenging moments by spending significant staff training time focusing on the camp experience through the eyes of the children and building skills to meet their unique needs. We especially focus on how campers are welcomed, engaged and included during their first 24 hours at camp.

Here are a few things families and campers can do **prior to camp** to prepare for a great first camp experience:

- Model a positive family attitude about time away from home at camp
- "Live out of a suitcase" for a few days, and practice carrying it once it's packed
- Practice taking a shower instead of a bath and washing one's hair
- Mark a calendar with days until camp starts- HOORAY!!!
- Give gentle encouragement that missing home is "ok"
- Don't make a "pick-up promise" that you'll come get them if they are having a hard time (of course this option will be available to you if they cannot overcome their homesickness, but it helps a new camper build a positive picture in their head knowing the plan is to stay at camp)
- Practice electronics-free time because there are no electronics at camp *(especially practice those times when your camper most uses electronics such as listening to their phone before bed)*
- Connect with YMCA Camp DeBoer's social media to see positive and exciting camp content
 Image: I
- Read this handbook with your camper so they feel prepared.
- Make a list of things they are excited about at camp (new friends, our famous walking tacos...)

Here are a few things families can do to help your camper **during camp**:

- When writing letters to your child, ask about camp activities, counselors, specific programs, etc. words of encouragement go a long way Avoid using phrases such as "we miss you," "wish you were here," or detailed accounts of what the family is doing
- Pack "surprises" or notes of encouragement amongst your camper's belongings
- At Check-in express your confidence in their ability to be away from home and that the counselors are there to assist them if they should need anything

LIFE AT CAMP

MEALS

Campers enjoy nutritious, freshly prepared meals in the lodge, the central hub of camp. Campers eat family-style with their cabin group with campers taking turns helping bring the food to the table from the kitchen. At each meal, one cabin group is assigned to be part of KP – Kitchen Patrol – where they will help with various tasks before and/or after the meal. Campers will have breakfast, lunch, dinner and an afternoon snack each full day at camp.



DIETARY NEEDS/RESTRICTIONS

Unless a camper has strict dietary needs that we cannot accommodate in our kitchen, we ask families to leave food at home. This helps ensure that campers aren't accidentally exposed to food allergens and critters don't learn to seek snacks in our cabins. Any food that is brought to camp will be turned in to the staff for safe storage and returned upon departure. Campers do have access to the camp store to purchase snacks that are eaten outside at camp each day. That being said, we cannot fully control what is or is not brought in to camp. **If your child has an airborne allergy of any kind, nuts or otherwise, please notify us at least 2 weeks in advance** so we can implement additional measures and precautions to keep your child safe and comfortable at camp. If your camper has less-common dietary restrictions or food allergies, please feel free to contact us to discuss options available for your camper, including possible supplemental items to send with your camper (to be turned in at check-in and kept in the kitchen). *See the last page for contact information.*

CABINS

Campers and their counselors live in one of our 10 bunk style cabins designed with the intent of creating community. Each cabin includes 14 camper beds, 2 private toilets, 1 private shower, 3 sinks and counselor bunk area. Cabins may also access two shower houses with private shower stalls.





Campers are placed in cabins with other campers of the same gender identity and age group. Counselors live in the cabin with campers and act as a guide, role model, and mentor as they manage the daily living of campers. Cabins can accommodate up to 14 campers with at least 2 counselors.

Cabin placement is arranged prior to the start of each session, and is finalized a few weeks prior to camp. We work hard to make sure there is a variety of camp experience, talents and geography represented in each cabin group. If your camper has friends attending the same session, you will have the opportunity to request up to 2 cabin mates. While building connections with new people is a fundamentally important part of the camp experience, we also know that experiencing camp with a treasured friend can help a camper feel confident add fun to the week. While we do our best to honor cabin mate requests, especially when mutually requested, we cannot guarantee any cabin placements. Cabin mate requests with a 2+ year age difference are not typically possible as cabins are arranged by age.

OUR STAFF

YMCA Camp DeBoer's staff is a select group of caring and creative individuals who truly enjoy working with children. Camp is a life-changing experience where campers have the opportunity to learn new things and further develop life skills, such as independence, collaboration, communication and resilience. YMCA Camp DeBoer's staff members pride themselves on being the facilitators of these experiences. We are especially thrilled to develop future staff through our Leaders In Training and Junior Counselor programs during which former campers build skills and practice leadership under the supervision and mentorship of our staff. To ensure safety and elevate the magic at camp we have one staff member for every ten campers.



Staff are selected thorough an application and interview process as outlined by the Ashland Family YMCA. Every staff member must have current CPR/AED certifications and pass a national background check. Staff working as lifeguards have appropriate additional training and certification. Finally, all staff complete in-depth training prior to the start of camp on topics including youth development, inclusion, emergency procedures, teamwork, and bullying and child abuse prevention.

EXAMPLE DAILY SCHEDULE

Our daily schedule is designed to provide our campers with opportunities for both structured and free choice activities. Below is a typical daily schedule that is subject to change:

7:00 Polar Plunge 7:30 Wake Up 8:00 Breakfast 8:45 Cabin Clean Up 9:15 Camper Choice Activities 12:45 Lunch 1:30 FOB (Feet on Bunk - break) 2:15 Cabin Choice Activities/Camp Store 6:00 Dinner 7:00 All Camp Evening Activity 8:30 Campfire 9:00 Daily Closing & Bedtime Routines 9:30-10:00 Lights Out (depending on age)

YMCA CAMP DEBOER STORE

Campers will have the opportunity to visit the Camp Store, which offers YMCA Camp DeBoer swag (shirts, hats, hoodies, water bottles, stickers) and snacks. To prevent snack fueled stomachaches, our store limits the amount of snack food a camper purchases at each visit. All store purchases are made through a prepaid store credit that families can purchase through the <u>registration system</u> (http://bit.ly/3Bf6MOC) or by stopping into the Camp Store during check-in. Please do not send cash



with your camper as we are not responsible for any lost money. Please discuss with your camper the amount in their store account. We suggest \$20-50 per week of camp. You may also donate funds to help a low-income camper. At the end of the week you may choose to have unspent money donated to our campership fund for the following summer, or to be refunded to your account at the end of the summer.

CONNECTING WITH YOUR CAMPER

MAIL AT CAMP

Campers love receiving mail at camp! We recommend writing one or more letters and bringing them to camp check-in. Letters or packages can be left at the Camp Store and will be delivered to your child during mail call each day Monday-Thursday. If sending more than one letter, please include the day of the week you would like each letter delivered. **If sending care packages, please do not send food!** Mail should be **labeled with the camper's full name and cabin** (you will get this at check-in).

A NOTE ABOUT CELL PHONES & ELECTRONICS

To help campers fully engage in the magic of camp we do not allow campers to have cell phones or electronics other than digital or disposable cameras with them during camp. If they are brought to camp, they will be collected for safe storage and returned at the end of the session. Please know we will be in contact if there are any concerns regarding your child, so "no news is good news". **Please help us to reach our goals at camp by leaving all cell phones and electronics at home.** Thank you!

PARENT COMMUNICATION

Staff are trained to handle day-to-day situations that may arise during your camper's stay in a safe and caring manner. Instances when you might expect to hear from camp staff for consultations or to arrange to pick up your camper may include:

- Behavioral issues including bullying or verbal or physical aggression
- Severe homesickness
- Illness, including vomiting, respiratory symptoms and/or a fever over 100*F
- Discovery of nits or head lice
- Medical care beyond basic first-aid including bee stings, fractures and sprains. If your child requires medical care off-site we will do our best to reach you before we leave camp. A cell phone will accompany the staff person with your child to facilitate communication between you and your child.
- Emergencies or evacuations

WHAT TO PACK FOR CAMP

Each camper should have no more than one suitcase/duffel/bin, backpack and sleeping bag and pillow. ALL campers must be able to carry their own luggage from the luggage drop point to their cabins, so plan accordingly.

Here are some things to keep in mind as you help your camper pack:

- Clothing should be tolerant of water, mud and fun nothing new or expensive!
- BE SURE THAT YOUR CAMPER'S FIRST & LAST NAME IS ON EVERYTHING! Label anything you want returned!
- In need of something? Contact us about loaner gear, we have limited supplies.

RECOMMENDED PACKING LIST FOR A 1 WEEK OVERNIGHT CAMP SESSION:

- 40 degree or warmer sleeping bag with pillow/pillow case
- 1 bath towel & washcloth 1 beach towel or second bath towel
- 1-2 pairs of pants 2-4 pairs of shorts
- 5-6 shirts
- Sweatshirt or jacket
- Raincoat or poncho with hood
- Pajamas or sleepwear
- Sunhat or baseball cap, sunglasses
- Swimsuit
- 7 pairs underwear & socks (OPTIONAL: 1 pair fun socks for "Fun Sock Friday")
- 2 pairs comfortable walking shoes shoes must have backstraps. *Water shoes are strongly recommended at the waterfront (we do not recommend flip flops).*
- Comb/Hairbrush & Shampoo, Hair ties for long hair
- Toothbrush & Toothpaste
- Soap or Bodywash
- Deodorant
- Sunscreen SPF 15 or higher
- Insect Repellant
- Flashlight or Headlamp
- Water bottle
- Backpack/CinchSack/Fanny pack to carry belongings around camp or on short hikes
- Menstrual products

HELPFUL EXTRAS

- Swim Goggles
- Shower shoes
- Laundry Bag or extra pillow case for dirty clothes
- Book
- Writing paper, pens, self-addressed/stamped envelopes for letters home
- Small comfort item
- Disposable or inexpensive digital camera with name on it
- Lip Balm
- Fancy and/or silly clothes for special events like the Variety Show
- Extra white t-shirt or bandana for tie-dying (optional Cabin Activity)



THINGS TO KEEP AT HOME

To keep camp fun and safe, we ask that you leave these items at home:

- Electronics: cell phones, smart watches, laptop computers, e-readers, tablets, music players, etc. (anything with a screen). We maintain an unplugged, non-screen environment.
- Food of any kind, including candy and chewing gum (all snacks are provided)
- Money, jewelry, or expensive items
- Any item considered dangerous (knives, guns, weapons, fireworks, matches, lighters, pepper spray etc.)
- Alcohol or illegal drugs of any kind (including marijuana products)
- Tobacco products, in any form (including e-cigarettes & vapes)
- Animals or pets of any kind
- Skateboards, bicycles, scooters, rollerblades, roller skates, and other personal sports equipment

LOST & FOUND

At the end of each session, we will attempt to return lost and found items to campers before they leave camp. The best way to ensure that all of your camper's items find their way home is to label all items with your camper's first AND last name. All lost and found items left at camp will remain at camp. Please call to inquire about lost items. Two weeks after your child's camp session ends, unclaimed and unlabeled items will be donated to charity. YMCA Camp DeBoer is not responsible for lost, damaged, or stolen items.

PAYMENTS & REFUNDS

Final payment must be received no later than 14 days prior to your first day at camp. For registrations made within two weeks of camp, full payment is required at the time of registration. If your family is in need of financial assistance please complete our <u>application for financial</u> <u>assistance on our website</u> as early as possible.

PAYMENT ACCEPTED

Make checks payable to Ashland Family YMCA, and send to 540 YMCA Way, Ashland OR 97520. We also accept Visa and MasterCard. A \$100 deposit is required at the time of registration; all remaining payments are scheduled at time of registration and will be automatically withdrawn 14 days prior to camp if balance has not been paid.

REFUND POLICY

Deposits are non-refundable. If your camper is unable to attend camp, please notify us immediately. To receive a refund, you must notify us prior to 15 days before your time at camp. According to how you originally paid the fees, a check or credit card refund will be issued, less the non-refundable deposit. Please allow 2 weeks for processing refunds. Any cancellations or refund requests received within 14 days before the start of camp will be at the discretion of the YMCA.

HEALTH & SAFETY INFORMATION

The health and safety of our campers and staff is our primary concern. To ensure our camp health care providers have the information necessary in advance, families must provide health history and medical information for each camper during registration. It is the parent/guardian's responsibility to provide accident and health insurance. The YMCA does not provide any coverage for members or participants.

CAMP HYGIENE STANDARDS

Cleanliness is a key component to keeping campers healthy. Campers will be required to wash their hands prior to every meal. Camp clean-up takes place each day, when campers, teen leaders and staff assume responsibility for maintaining a specific area of camp and their own cabins. Directors will check cabins for neatness daily. We appreciate family support in discussing the importance of personal hygiene and community caretaking before camp.

HEAD LICE

Head lice can become an issue anytime children gather together at school, afterschool programs, or camp. It is not indicative of cleanliness and anyone can get them. Because lice are easily transmitted and require several steps to eliminate, we cannot keep children at camp who are found to have nits or head lice. To help ensure your camper will have a positive experience at camp, it is your responsibility to check and, if necessary, treat your child for nits or head lice the week before camp begins. If nits or lice are found, you must do a thorough treatment of the hair and all personal belongings to remove all nits and lice before your camper arrives at check-in. Treatment information can be found online or via the health department.

HELP KEEP BED BUGS OUT OF YMCA CAMP DEBOER

Bed bugs can be brought into camp at any time by any guest. We need your help to keep them out! Prior to your campers' arrival at camp, we ask that you wash and dry (on high heat) all items you are sending to camp, including bedding and duffel bags. If you are concerned that you may have an infestation, please contact YMCA Camp DeBoer to work through how to best prepare your campers' gear and how YMCA Camp DeBoer can help make sure these pests don't come in with your camper. We inspect cabins between each session for evidence of bed bugs. In the unlikely event we discover bed bugs in your camper's cabin during their stay at camp, we will take immediate action to heat treat the cabin and the belongings of the occupants. We will notify all parents of affected campers as soon as we learn of any bed bugs in their cabin. Because we have no way to know when or how bed bugs enter our spaces, we do not assume the responsibility for the cost of eliminating them. However, we will do our best to prevent them from going home with you/your camper if they are discovered while at camp.

ILLNESS & ACCIDENTS

Our camp's infirmary has a limited capacity to keep campers in extended isolation, and keeping ill campers at camp increases the likelihood of other campers or staff becoming ill. In our experience, campers with medical conditions feel more comfortable recuperating at home. Camp staff are not able to transport sick campers home. In such situations, the camp staff will contact families or emergency contacts to pick up an ill child from camp. Please make sure your emergency contacts are aware they are listed and have adequate transportation to pick up your camper.



Please do NOT bring your child to YMCA Camp DeBoer if they are experiencing:

- An unusual cough
- New loss of taste or smell
- A runny nose with green snot
- A fever of 100.4°F (must be symptom free for 24 hours without the use of fever reducing medicine)
- Diarrhea (must by symptom free for 48 hours)
- Vomiting (must be symptom free for 48 hours)
- Lice and/or nits
- Contagious condition such as chickenpox

If your camper is sent home from camp sick early in the week and their symptoms subside, you must coordinate with the Camp Director before they are able to return to camp.

MEDICATIONS

If you will be sending any over-the-counter or prescription medications or vitamins, please follow the instructions below:

1. Regulations require us to dispense all medication only from the original container. Over-thecounter medications, prescribed medications and vitamins must be sent in their original containers with the original pharmacy label. (containers will be returned at the end of your camper's session)

2. Prescription medication must be prescribed to the camper. No exceptions.

3. **Please carefully review and complete the Medical Information in the online "Child Profile" during registration.** Indicate your approval to dispense any medications listed on the formulary in the "Waiver" during registration.

4. If any medical/health or medication changes occur between completion of the "Child Profile" and camp attendance please update the "Child Profile" in your Daxko account and notify our Camp Health Officer during check-in.

5. Deliver **all medications** to the Camp Health Officer in the Infirmary during check-in. The Camp Health Office will ensure that they understand all medications, conditions and doctors orders during this quick consultation. The Camp Health Officer will ensure that medications such as asthma inhalers and epi pens remain with the camper.

"MEDICATION HOLIDAYS"

We strongly discourage parents a "medication holiday" while are at camp. It is not always in the child's best interest to take time off from their medication they regularly take as it requires the child to independently adjust to new feelings while away from their support systems and familiar circumstances. It can be unsettling for the camper and create challenges for them, making it harder to simply enjoy camp. We will be as accommodating as possible with your physician's recommendation.

IMMUNIZATIONS

When campers and staff are camping in close quarters, they share stories, laughs, and life lessons. Unfortunately, they may also share microbes. We strongly encourage all campers to have up-to-date MMR, Tdap and Varicella vaccinations as this will help your child stay healthy at camp. It is

required to write the actual dates of vaccinations on the YMCA Camp DeBoer Camper Medical Form. If your child does not have a vaccination, please write not vaccinated.

EMERGENCIES

YMCA Camp DeBoer employs experienced Health Care Managers and all staff are CPR/AED certified. The nearest Emergency Response Team is located in Keno, OR, while Urgent Care Clinics can be found in Klamath Falls, Medford, or Ashland. A designated emergency vehicle is on site at all times. Camp staff use two-way radios for activities when campers are away from the main lodge. Safety drills, including fire, water, and earthquake readiness, are in place and practiced during staff training.

EVACUATION PROCEDURES

In the unlikely event that the YMCA would need to evacuate YMCA Camp DeBoer, we will send emergency communication such as our action plan and reunification locations through our text system. Families are required to opt into this system with at least one text capable phone number prior to the start of their child's week at camp. Evacuations Based on the type of emergency, the YMCA will decide on the most prudent way to return campers safely to their families or emergency contacts. An emergency with prior notice such as a local fire that places camp on a Level 2 evacuation notice may require parents or authorized emergency contacts to pick up their child at camp.

BEHAVIORAL EXPECTATIONS

At YMCA Camp DeBoer we expect staff and campers to behave in ways that are safe, considerate of others and allow the programs of camp to run smoothly. We also know that everyone has tough moments and may make mistakes. We believe that behavior is communication; campers are trying to tell us something with their actions. At YMCA Camp DeBoer we use trauma informed practices to help campers understand and communicate their needs, and behave in ways that are safe for themselves and others. Camp staff are skilled at helping campers behave in ways that meet our community agreements or make repairs after a mistake, and will make every reasonable effort to support a child remaining at camp. However, when the welfare of the camper, other campers, staff, or camp property/equipment is jeopardized, the family or emergency contacts will be notified to pick up their camper immediately at their own expense. The serious and rare decision to send a camper home is made by our Camp Director and is not open to appeal. Program fees will be forfeited.

BULLYING DESCRIPTION

Bullying is intentional, repeated aggressive or intimidating behavior that results in another person feeling unsafe. It can take the form of physical or verbal harassment, and involves an imbalance of power. Bullying behavior can include teasing, insulting someone (particularly about their weight, height, race, sexuality, religion or other personal traits), shoving, hitting, excluding someone, or gossiping about someone. Bullying can cause a child to feel upset, afraid, ashamed, embarrassed, and anxious. It can involve children of any age, including younger elementary grade-schoolers and even kindergartners. Bullying behavior is frequently repeated unless there is intervention.

BULLYING POLICY

YMCA Camp DeBoer must be a safe and welcoming space for all. To ensure the emotional and physical well-being of all campers and staff at camp, parents or guardians will be contacted immediately to help assist with any bullying issues. We ask that parents talk to their campers about

bullying before camp begins. Encourage them to be kind to and respectful of others, and direct them to tell a staff member if they are having, or witness, any problems. Speaking up in the face of cruelty to others is a great example of living our core values of courage, honesty, caring and respect.

CAMP SERVICE DOG

YMCA Camp DeBoer employs a task trained service dog provided by Dogs For Better Lives. Tarmac is a black lab who is trained to provide deep pressure therapy, grounding touches, and passive presence support to people experiencing trauma related conditions such as anxiety, PTSD or even significant homesickness. He works with our Summer Brandon, our Camp Director, to provide care and comfort when requested. No camper is required to interact with Tarmac. **Please note any severe allergies or aversions to dogs in a camper's Child Profile during registration or let us know during Check-in.**



GETTING TO & FROM CAMP

LATE ARRIVALS/EARLY PICK-UPS & NO SHOWS

All arrivals and pick-ups happen at YMCA Camp DeBoer. For the development of the cabin dynamic, the quality of our program, and the safety & security of all, we try to limit late arrivals and early pick-ups only to completely necessary circumstances. Campers not at camp within one hour of check-in time may not be permitted to attend the session. No refunds are given for no shows. *Please do not arrive at camp before check-in or pick-up time starts.*

Check-In Time:	Overnight Camps - Sundays from 2pm-4pm	
	Mini Overnight Camps – Sunday 2pm or Wednesday 1pm	
Pick-Up Time:	Time: Overnight Camp - Fridays from 10:30am-12pm	
	Mini Camp – Tuesday from 11am-12pm or Friday 10:30am-12pm	

ARRIVAL & PICK UP DAY SAFETY

- Vehicles are not allowed beyond the parking lots.
- First aid kits are available at check-in if needed.
- Parents or guardians should accompany campers to the check-in area.
- All camper medications are left with the camp nurse at the Infirmary.
- Once campers arrive at their cabin they remain under the supervision of camp staff.

CHECK-IN DAY

- 1. Park in the gravel parking lots and walk to the check in at the Pavilion where you will:
 - Learn your camper's cabin assignment
 - Ensure all information is up to date and a guardian is opted in to emergency texts
 - \circ $\;$ Let us know who will pick up your camper at the end of their session.
- 2. Turn in all medication(s) in original container(s) to the nurse. (do not pack in camper's luggage). The Health Officer will send any medications like inhalers and epi pens with the camper after meds check-in.
- 3. Drop off camper(s) at their cabins say "later alligator"
- 4. Visit the camp store to drop off camper mail and add camp store credit to a camper account.

PICK-UPS

- Park in the gravel lot and find camp staff at entrance gate. PLEASE BRING A PHOTO ID TO SHOW STAFF FOR PICK-UP. Your camper will be released to only those listed as an authorized pick-up person who can show a picture ID.
- 2. Counselors will bring your camper and their gear to you at the parking lot.
- 3. Visit the Health Officer by the entrance gate to pick up any medications you turned in
- 4. For the safety of your camper and the smooth operation of camp, PLEASE BE ON TIME FOR PICK-UPS!

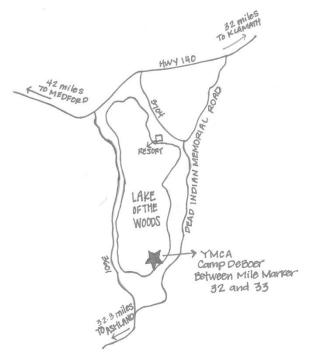
DRIVING DIRECTIONS TO CAMP

FROM ASHLAND

From town, get onto OR 66 towards Emigrant Lake (0.3 mi). Turn left onto Dead Indian Memorial Road. Follow Dead Indian Memorial Road for 32.3 miles. YMCA Camp DeBoer will be on the left side of the road (between mile marker 32 and 33), and can be seen from Dead Indian Memorial Road. There is a US Forest Service sign on Dead Indian Memorial Road marking the entrance to camp.

FROM MEDFORD

Take OR-140 east for 48.8 miles. Turn right (south) onto Dead Indian Memorial Road (**beyond** turn for Lake of the Woods Resort). Follow Dead Indian Memorial Road for 3.7 miles. YMCA Camp DeBoer will be on the right side of the road (between mile marker 32 and 33), and can be seen from Dead Indian Memorial Road. There is a US Forest Service sign on Dead Indian Memorial Road marking the entrance to camp.



FROM KLAMATH FALLS

Take OR-140 west for 31 miles. Turn left (south) onto Dead Indian Memorial Road. Follow Dead Indian Memorial Road for 3.7 miles. YMCA Camp DeBoer will be on the right side of the road (between mile marker 32 and 33), and can be seen from Dead Indian Memorial Road. There is a US Forest Service sign on Dead Indian Memorial Road marking the entrance to camp.

CONTACT US Please feel free to contact us with any questions or comments:

Ashland Family YMCA 540 YMCA Way Ashland, OR 97520 Front Desk Phone 541-482-9622 Fax 541-482 3348 YMCA Camp DeBoer 13430 Dead Indian Memorial Road Klamath Falls, OR 97601 Site Phone: 541-622-2455 (only monitored during camp sessions) www.ashlandymca.org/ymca-camp-deboer

Summer Brandon YMCA Camp DeBoer Program Director 541-622-2455 ycampdeboer@ashlandymca.org